

Building Blocks in Economics: The Problem of Choice

Scarcity and the need for choice :

Meaning of Scarcity

Scarcity is the basic economic problem that arises because resources are limited while human wants are unlimited. It means, that we do not have enough resources to satisfy all our desires. Resources include, time land, labour, machinery, and natural resources like water and minerals.

For example, a student may want the latest phone, new clothes, coaching classes, and a vacation trip. However, their family income may not be enough to afford everything at the same time. Because resources are limited, people must make choices and face trade-offs choices must be made.

Scarcity does not mean that something is completely unavailable. It means that it is available in limited quantity compared to people's wants. Even developed countries face scarcity because no country has unlimited resources.

Limited Resources and Unlimited Wants :

Human wants are unlimited because as soon as a want is satisfied, another arises. For instance, once a student buys a basic mobile phone, they may later want a more advanced version. Similarly, after purchasing a bicycle, someone may aspire to buy a scooter or a car in the future.

On the other hand, resources are limited:

- A family has limited monthly income.
- A student has only 24 hours in a day.
- A country has limited land and natural resources.

Because of this imbalance between unlimited wants and limited resources, individuals, businesses, and governments must make choices. This creates the need for decision-making and prioritising among wants. For example, the Government of India cannot spend all its budget on defence. It must also allocate funds to education, healthcare, infrastructure, and welfare schemes. Since funds are limited, it must decide how to allocate them across competing needs.

Everyday Examples of Scarcity :

Scarcity is not just a theoretical concept; we experience it in daily life.

- **Student's Time Management:** Before exams, a student has limited time but many subjects to revise. The students must decide how much time to spend on each subject.
- **Household Budgeting:** A family with a fixed income must decide how much to spend on groceries, school fees, rent, electricity, and entertainment. If more money is spent on one item, less is available for others.
- **Water Scarcity:** In many parts of India, water is scarce during summer. Families store water and use it carefully because supply is limited.
- **Production Decisions:** A farmer with limited land must choose whether to grow wheat or vegetables. Growing more of one crop means growing less of another.
- **Government Spending:** During a pandemic, the government may increase spending on healthcare, which may reduce funds available for other projects like road construction.

Opportunity cost :

Meaning of Opportunity Cost

Opportunity cost refers to the value of the next best alternative forgone when a choice is made. Since resources such as time, money, and effort are limited, choosing one option means giving up another. The value of the best option that is not chosen is called the opportunity cost.

For example, suppose you have ₹1,000 and you decide to buy a pair of shoes. With the same money, you could have bought books or saved it for a school trip. If the next best alternative was buying books, then the opportunity cost of buying the shoes is the books you gave up.

Opportunity cost is not always measured in money. It can also be measured in terms of time, satisfaction, or benefit. For instance, if you spend three hours watching a movie instead of studying, the opportunity cost is the study and revision time you lost.

In economics, opportunity cost helps individuals, businesses and governments make rational decisions by comparing alternatives before choosing one.

Opportunity Cost in Daily Decision-Making :

We face opportunity costs in our everyday lives, often without realising it.

1. **Student's Example:** If a student chooses Science as a stream after Class 10, they give up the option to study Commerce or Arts. The next best stream they give up is the opportunity cost of choosing Science.
2. **Time Management:** If you spend your evening playing cricket, you may have less time to complete homework. The opportunity cost is the homework or study time you give up.
3. **Household Budgeting:** If a family decides to buy a new television, they may postpone renovating their house. If renovation was the next best alternative, then the postponed renovation is the opportunity cost of buying the television.
4. **Government Spending:** If the government spends more money on building highways, it may spend less on healthcare. The reduced healthcare spending is the opportunity cost of highway construction.

Understanding opportunity cost helps people evaluate whether their choices are worth the sacrifice.

Trade-Offs Involved in Choices :

A trade-off means giving up one thing to gain another. Opportunity cost is closely related to trade-offs because every choice involves sacrificing an alternative.

For example:

- A farmer with limited land must choose between growing wheat or sugarcane. Producing more wheat means producing less sugarcane.
- A company must decide whether to invest in new machinery or hire more workers. Choosing one option limits the other.
- A student preparing for board exams may reduce time spent on social media. The entertainment sacrificed is the trade-off.

Trade-offs are unavoidable because scarcity exists everywhere. The goal of economic decision-making is to choose options where the benefits are greater than the opportunity cost.

What do economists do:

Economists examine how individuals, businesses, and governments use limited resources to satisfy unlimited wants. They analyse how decisions are made regarding production, distribution, and consumption of goods and services. Their work helps in analysing problems and recommend solutions/policies to improving the standard of living in a country.

Role of Economists

The main role of economists is to study how economies function and suggest ways to improve economic conditions. They collect data, analyse trends, and use logical reasoning to understand issues such as inflation, unemployment, poverty, and economic growth.

For example:

- When prices of essential goods like onions or petrol rise sharply, economists study the reasons behind the increase and suggest solutions.
- If unemployment is rising, economists analyse the causes and recommend policies such as skill development programmes or investment in industries.
- During a recession, economists advise governments on increasing spending or reducing taxes to boost economic activity.

Economists work in many sectors, such as government departments, banks, research institutions, international organisations like the World Bank, or private companies.

Study of Production, Distribution, and Consumption

Economists often study economic activity through three broad processes:

1. Production:

Production refers to the creation of goods and services. Economists study what goods are produced, how much is produced, and what resources are used.

Example: A car factory uses labour, machines, and raw materials to produce vehicles. Economists analyse how efficiently these resources are used.

2. Distribution:

Distribution examines how income is divided among individuals and groups. Economists examine who gets what share of income and resources.

Example: In India, income distribution varies between rich and poor. Economists study this inequality and suggest measures to reduce it.

3. Consumption:

Consumption refers to the use of goods and services to satisfy human wants. Economists analyse consumer behaviour: why people buy certain products and how they respond to changes in prices.

Example: If the price of smartphones falls, more people may buy them. Economists study such patterns.

Use of Economic Analysis in Real-Life Issues :

Economic analysis helps in understanding and solving real-world problems.

- **Inflation:** When prices rise continuously, economists study demand, supply, and production costs to suggest solutions.
- **Unemployment:** Economists analyse job markets and recommend policies to create employment opportunities.
- **Government Budgeting:** Economists help governments decide how to allocate funds for education, healthcare, defence, and infrastructure.
- **Environmental Issues:** Economists study the impact of pollution and suggest policies like carbon taxes to protect the environment.
- **Poverty Reduction:** Through data and research, economists design welfare schemes and social safety nets to support weaker sections.

For example, during the COVID-19 pandemic, economists advised governments and helped design relief packages to support businesses and workers.

Key learnines :

- Economists study how individuals, businesses, and governments use limited resources to satisfy unlimited wants.
- They analyse production, distribution, and consumption to understand how goods and services are created, priced, and allocated.
- Economists use data and research to study issues such as inflation, unemployment, poverty, and economic growth.
- Their analysis helps governments design policies related to budgeting, taxation, welfare schemes, and economic development.
- Economic analysis plays a vital role in understanding and addressing real-life problems and contributing to improvements in the standard of living.

The central problems of an economy :

Every economy in the world-whether developed or developing-faces three basic problems. These problems arise because resources such as land, labour, capital, and time are limited, while human wants are unlimited. Therefore, every country must decide how to use its scarce resources efficiently.

These three basic questions are called the central problems of an economy.

What to Produce?

This question deals with deciding which goods and services should be produced and in what quantity

Since resources are limited, a country cannot produce everything in unlimited amounts. It must decide whether to produce more essential goods (like food, medicines, and basic clothing) or more luxury goods (like expensive cars and designer products).

Real-life examples:

- A farmer with limited land must choose whether to grow wheat or sugarcane.
- During the COVID-19 pandemic, many countries increased the production of masks, sanitizers, and shifted resources toward essential healthcare goods.

Thus, the economy must prioritise needs based on importance and demand.

How to Produce?

This problem refers to deciding the method or technique of production. It means, goods should be produced using more labour (labour-intensive method) or more machines (capital-intensive method)?

The choice depends on the availability and cost of resources.

Real-life examples:

- In a country like India, where labour is abundant and relatively cheap, many industries use labour-intensive methods.
- In developed countries like Germany or Japan, industries use more machines and advanced technology because capital is more abundant, wages are higher, and technology is advanced.
- A construction company may choose between hiring more workers or using advanced machinery to complete a project.

The chosen method affects employment levels, production cost, and efficiency.

For Whom to Produce:

This question deals with who will get the goods and services produced.

Since everyone cannot get everything, the economy must decide how goods and income are distributed among people.

Real-life examples:

- Expensive cars are generally purchased by wealthy individuals.
- Basic food grains supplied through government ration shops are meant for low-income families.
- Private hospitals provide premium services to those who can afford them, while government hospitals serve the general public.

Key learnings :

- The central problems of an economy arise due to scarcity of resources.
- Every economy must decide what goods and services to produce and in what quantity.
- The choice of production method (labour-intensive or capital-intensive) affects cost and employment.
- The distribution of goods and services depends on purchasing power, prices, and government policies.
- All countries, regardless of their economic system, face these three fundamental problems.

Types of economic systems :

Every country must decide how to organise its economy and answer the three central problems - what to produce, how to produce, and for whom to produce. The method a country uses to make these decisions is called its economic system.

There are three main types of economic systems:

- Market (Free Market) Economy/Capitalist Economy
- Centrally Planned Economy/Socialist Economy
- Mixed Economy

Market (Free Market) Economy

In a market economy, many economic decisions are made by individuals and private businesses, and prices are largely guided by demand and supply. However, the government still regulates markets and provides public services.

Key Features:

- Private ownership of resources
- Freedom of choice for consumers and producers
- Profit motive drives production
- Limited government interference

For example:

- In market-oriented economies like the United States, many business decisions are guided by consumer demand and profit.
- If the demand for electric vehicles increases, companies produce more of them to earn profits.
- If consumers stop buying a product, companies may stop producing it.

While this system encourages competition and innovation, it can also lead to income inequality because access to many goods and services depends on purchasing power.

Centrally Planned Economy :

In a centrally planned economy, the government controls and makes almost all major economic decisions. Resources are owned and managed by the state, and government authorities fix production targets.

Key Features:

- Government ownership of resources
- Central authority decides production and prices
- Focus on equality and welfare
- Limited private enterprise

For example:

- In countries like North Korea, the government decides what goods are produced and how much.
- The government may decide to produce more essential goods like food and housing rather than luxury items. This system aims to reduce inequality, but it may suffer from inefficiency, lack of competition, and limited consumer choice.

Mixed Economy :

A mixed economy combines features of both market and planned systems. Both the government and private sector play important roles.

Key Features:

- Private ownership along with government regulation
- Some strategic sectors (such as defence and railways in some countries) may be owned or closely regulated by the government.
- Market forces determine prices in many sectors
- Government ensures welfare through policies and schemes

For example:

- India follows a mixed economy. Private companies operate in sectors like IT and manufacturing, while the government while the government plays a major role in areas such as defence and public transport, alongside private participation in many places.
- The government regulates industries, provides subsidies, and runs welfare schemes like VB-G RAM G (Old name-MGNREGA) and Public Distribution System (PDS).

A mixed economy tries to combine the efficiency of the market system with the social welfare goals of a planned system.

Comparison of the Three Systems

Basis	Market Economy	Centrally Planned Economy	Mixed Economy
Ownership	Private individuals	Government	Both private and government
Decision-making	By market forces	By government	Shared
Role of Government	Limited	Very high	Moderate
Main Objective	Profit	Equality	Growth with welfare
Example	USA (largely)	North Korea	India

Welfare economy :

A welfare-oriented economy is an economic system in which the government takes active steps to promote the well-being of all citizens, especially the poor and vulnerable sections of society. The main aim is not only economic growth but also social justice and equality.

In a welfare economy, the government aims to ensure that basic needs such as food, education, healthcare, and housing are accessible to everyone, not just those who can afford them.

DID YOUKNOW?

The Mid-Day Meal Scheme, launched on August 15, 1995, and now known as PM POSHAN (Pradhan Mantri Poshan Shakti Nirman), is a centrally sponsored welfare program in India providing free hot cooked meals to children in government and government-aided schools, as well as Balvatikas. It aims to improve nutritional levels, boost school enrollment and attendance, and reduce classroom hunger.



Meaning of Welfare Economy :

A welfare economy focuses on improving the quality of life of people. It recognises that in a purely market-based system, some people may be left behind due to poverty, unemployment, illness, or lack of opportunities.

For example:

- If education is only provided by private institutions, children from poor families may not be able to attend school.
 - If healthcare services are very expensive, many people may not receive proper treatment.
- Therefore, in a welfare economy, the government intervenes to provide essential services and reduce inequality. India follows many principles of a welfare state, as reflected in the Directive Principles of State Policy in the Constitution.

Role of Government:

In a welfare economy, the government plays an important role in ensuring fairness and social security.

Some key functions of the government include:

1. Providing Public Goods and Services:

Roads, bridges, public parks, government schools, and hospitals are provided for public use.

2. Reducing Inequality:

The government collects taxes from higher-income groups and uses the revenue to fund welfare programmes for disadvantaged groups.

3. Implementing Welfare Schemes:

Schemes such as VB-G RAM G (employment guarantee), PM-KISAN (financial support to farmers), and free vaccination programmes are examples.

4. Regulating Markets:

The government regulates unfair trade practices, prevents exploitation, and sets minimum labour standards (such as minimum wages).

For example, government checks the quality of food through standards like FSSAI.

Importance of Social Safety Nets

Social safety nets are programmes designed to protect people during difficult times such as unemployment, illness, or old age.

Examples of social safety nets include:

- Public Distribution System (PDS) providing subsidised food grains
- Mid-Day Meal Scheme for school children
- Free education under the Right to Education Act
- Pension schemes for senior citizens
- Health insurance schemes like Ayushman Bharat

These programmes ensure that even vulnerable sections of society can live with dignity and security.

Without social safety nets, economic inequality may increase, and many people may struggle to meet basic needs.